

5 – Whys Deep Thinking Worksheet

Directions: Here is your opportunity to practice thinking deeper about a question on *your* mind. Your challenge is to: 1. Think of a ‘why’ question, then 2. Answer that question. 3. Ask ‘why’ that answer is true.. You will then pose a ‘why’ question about your answer to question #2. At this point you have already reached level three depth thinking. Your ultimate challenge is to see if you can get to level five; but don’t be too disappointed if you get stuck somewhere in the middle of this process. Refer back to our example if you need a refresher on the mechanics of deeper thinking. Notice that we only got a level 4 in our example before we needed outside help.

Deeper thinking is not easy, and learning to use it requires practice. But think for a moment about the benefits you will gain by utilizing deeper thinking in the important choices you consider and decisions you make going forward.

Here are three opportunities to practice deeper thinking. Opportunity #1 follows here. Opportunities #2 and #3 are on the following page.

Deeper Thinking 1.

Why Question #1: _____

Why Question #2: _____

Why Question #3: _____

Why Question #4: _____

Why Question #5: _____

5 – Whys Worksheet (side 2)

Deeper Thinking 2:

Why Question #1: _____

Why Question #2: _____

Why Question #3: _____

Why Question #4: _____

Why Question #5: _____

Deeper Thinking 3:

Why Question #1: _____

Why Question #2: _____

Why Question #3: _____

Why Question #4: _____

Why Question #5: _____
